The only goal of ABA is COMPLIANCE at all costs. When a provider tells you differently, they are deceiving you.

ABA cannot be rebranded, reformed, or reframed. ABA is dehumanizing.

‘ABA is uniquely repugnant’ (2020, Alfie Kohn).

ABA ignores a person’s reasons behind challenging behaviors, such as their sensory system responses, and their autonomic fight/flight/freeze mechanisms. ABA ignores communication abilities, human emotions and feelings, and it disrespects self-autonomy and self-determination.

Contemporary ABA hasn’t changed one bit. The primary goal of current research is to find even better methods to make people more compliant.

From the 2020 ABA Study
Note – their two test subjects were 5 years old, could speak in two to three word phrases, and could already respond effectively to multiple-sentence instructions (but they weren’t compliant enough!):

Three-step guided compliance (vocal prompt, vocal plus model prompt, vocal prompt plus physical guidance) is a commonly used procedure to increase compliance among children with intellectual disabilities.

"In the current study, we evaluated another modification to the procedure: the delivery of a high-preference item contingent upon compliance with the first vocal prompt (i.e., differential reinforcement). For 2 (autistic) participants, compliance remained low when we implemented differential reinforcement and the guided compliance procedure in isolation. However, compliance improved when we combined differential reinforcement and the three-step guided procedure, suggesting that for at least some children, the combination of contingent access to a high-preference item and the guided compliance procedure is more effective than either intervention alone."

It’s time to end the ABA Industrial Complex altogether! The AIC understands ABA is human rights violation, so now there’s a marketing campaign to rebrand it and sell you “Today’s ABA.”

Bottom line –NOTHING about ABA has changed.

© 2021 Therapist Neurodiversity Collective